

KANSAS CITY ART INSTITUTE

CHINA SYMPOSIUM



April 21 - June 1, 1975

Chronological Sequence of Chinese History

- ca. 600,000 B. C. Lan-T'ien Men
(A skull found in 1964 in Lan-t'ien-hsien, in Shansi)
- ca. 500,000 B. C. Peking Man, *Sinanthropus Pekinensis*.
(A skull was discovered in 1929 at Chou-k'ou-t'ien, southwest of Peking. The skull mysteriously disappeared in 1941 or 1942. Fragments of another fossil skull of Peking Man, and stone implements were found in 1966 at Chou-k'ou-tien.)
- ca. 11,000 B. C. The Neolithic Revolution started.
(The early Chinese ceased to be hunters and fishermen: they settled down, began to build villages and develop the arts of farming and horticulture.)
- ca. 10,000 - 2,000 B. C.
Yang-shao Culture (or Painted-pottery culture).
Pan-p'o 4,115 B. C. + 110
Pan-shan 2065 B. C. + 100
- ca. 4000 - 2,000 B. C.
Lung-shan Culture (or Black-pottery culture)
- ca. 2,000 - 1,500 B. C.
Ch'i-chia-p'ing Culture
1725 B. C. and 1695 B. C. + 95 years
- ca. 1550 - 1027 B. C. Shang Dy.
- 1028-722 B. C. Western Chou Dy.
- 721-481 B. C. Spring and Autumn Annals (Eastern Chou)
- 480-221 B. C. Warring States (Eastern Chou).
- 220-205 B. C. Ch'in Dy.
- 204 B. C. - 9 A. D. Western Han Dy.
- 10-24 A. D. Hsin Dy.
- 25-220 A. D. Eastern Dy.
- 221-589 A. D. Six Dynasties
- 581-618 A. D. Sui Dy.
- 619-909 A. D. T'ang Dy.
- 909-960 A. D. Five Dynasties
- 960-1127 A. D. Northern Sung Dy.
- 1127-1279 A. D. Southern Sung Dy.
- 1279-1368 A. D. Yuan Dy.
- 1368-1644 A. D. Ming Dy.
- 1644-1911 A. D. Ch'ing Dy.

Kansas City Art Institute
CHINA SYMPOSIUM, April 21, 1975
Bibliography for "Chinese Art Through the Ages"
Dr. Gertrude Piatkowski, California College of Arts and Crafts

General

Fitzgerald, Charles Patrick. Horizon History of China. Washington, D.C.: American Heritage, 1969.

Sullivan, Michael. The Arts of China. Berkeley, California: University of California Press, revised edition, 1973.

Specific

Boyd, Andrew. Chinese Architecture and Town Planning. London, 1962.

Cahill, James. Chinese Painting. New York, 1960.

Cheng, Te-k'un. Archaeology in China, Volume I. Shang China, Volume II. Cambridge: Oxford University Press, 1960.

_____, _____. Chou China, Volume III. Cambridge: Oxford University Press, 1966.

Hansford, Howard S. Chinese Carved Jades. London, 1968.

Lion-Goldschmidt, Daisy. Chinese Art: Bronze, Jade, Sculpture, Ceramics. New York, 1960.

Loehr, Max. Ritual Vessels of Bronze Age China. New York, 1968.

Seichi, Mizuno and Toshio, Nagahiro. Bronze and Stone Sculpture of China: From the Yin to the T'ang Dynasty. Tokyo, 1960.

Kansas City Art Institute
CHINA SYMPOSIUM, April 27, 1975
Bibliography for "Images of China"
Professor Hal E. Wert, Kansas City Art Institute

Dawson, Raymond. The Chinese Chameleon: An Analysis of European Conceptions of Chinese Civilizations. London: Oxford University Press, 1967.

Fairbank, John King. The United States and China. New York: The Viking Press, 1962.

Fitzgerald, C. P. The Chinese View of their Place in the World. London: Oxford University Press, 1965.

Franke, Wolfgang. China and the West. New York: Harper and Row, 1967.

Hudson, G. F. Europe and Asia. Boston: Beacon Press, 1961.

Isaacs, Harold R. American Views of China and India. New York: Capricorn Books, 1962.

Kirken, James. Adventures to China. London: Oxford University Press, 1970.

Kowingsberger, Hans. Love and Hate in China. New York: New American Library, 1967.

Lach, Donald F. and Flaumenhaft, Carol. Asia on the Eve of Europe's Expansion. Englewood Cliffs, New Jersey: Prentice-Hall, 1965.

Lattimore, Owen and Eleanor. Silks, Spices and Empire. New York: Vell Books, 1971.

Smith, Arthur H. Chinese Characteristics. New York: Young People's Missionary Movement, 1907.

Van Alstyne, Richard W. The United States and East Asia. New York: W. W. Norton, 1973.

Kansas City Art Institute
CHINA SYMPOSIUM, April 28, 1975
Bibliography for "Ch'an Buddhism: Dialectics of Experience"
Dr. Alfonso Verdu, University of Kansas

- Barrett, William. Zen Buddhism: Selected Writing of N. T. Suzuki.
Garden City: Doubleday Anchor Books, 1956.
- Blofeld, John. The Zen Teachings of Huang Po. New York: Grove Press,
1959.
- Chang, Garma C. The Practice of Zen. New York: Prensial Library, 1967.
- Dumoulin, Heinrich and Sasaki, Ruth F. The Development of Chinese Zen.
New York: The First Zen Institute.
- _____, _____. A History of Zen Buddhism. Boston: Beacon
Press.
- Kapleau, Phillip. Three Pillars of Zen. Boston: Beacon Press.
- Miurs, Isshu and Sasaki, Ruth F. The Zen Koan. New York: Harcourt,
Brace and Janovich, 1965.
- Suzuki, D. T. The Training of a Zen Buddhist Monk. San Francisco:
Wingbow Press, 1972.
- Yampolsky, Phillip B. The Platform Sutra of the Sixth Patriarch. New York:
Columbia University Press, 1971.
- Yu, Lu-K'uan. Ch'an and Zen Teaching. San Francisco: Rider and Company.
- Verdu, Alfonso. Dialectical Aspects in Buddhist Thought. New York:
Paragon Book Gallery, 1974.

Kansas City Art Institute
CHINA SYMPOSIUM, May 4, 1975
Bibliography for "The Formulation of China as a Cultural Unit"
Hal E. Wert, Kansas City Art Institute

Chinese Fortune Telling. Tokyo, Japan: Shufunotomo Co. Ltd., 1974.

Creel, H. G. The Birth of China. New York: Ungar, 1954.

Fairservis, Walter G. The Origins of Oriental Civilization. New York:
New American Library, 1959.

New Archaeological Finds In China. Peking: Foreign Languages Press,
1974.

Quong, Rose. Chinese Written Characters. Boston: Beacon Press, 1968.

The Chinese Exhibition: The Exhibition of Archaeological Finds of The
People's Republic of China. Kansas City, Missouri: The Nelson
Gallery-Atkins Museum, 1974.

Treistman, Judith. The Dichotomy of China. Garden City, New York:
Doubleday and Company, 1972.

Watson, William. Ancient China. New York: New York Graphic Society,
1974.

Watson, William. China. New York: Praeger, 1961.

Wittfogel, Karl A. Oriental Despotism. New Haven: Yale University
Press, 1957.

Wolff, Diane. An Easy Guide to Everyday Chinese. New York: Harper
and Row, 1974.

Kansas City Art Institute
CHINA SYMPOSIUM, May 5, 1975
Bibliography for "Dragon Media"
Marc Fraiser Wilson, Nelson Gallery-Atkins Museum

Chang, Kwang-Chih. Archaeology of Ancient China. Rev. and enl. ed.
New Haven: Yale University Press, 1971.

Committee for the Organization of Exhibitions of Archaeological Finds of
The People's Republic of China. The Exhibition of Archaeological
Finds of The People's Republic of China. (non-illustrated catalogue)
Washington: National Gallery of Art, 1974. Available from the
Nelson Gallery-Atkins Museum.

Creel, Herrlee G. Birth of China. New York: Frederick Ungar, 1954.

Fontein, Jan and Wu, Tung. Unearthing China's Past. Boston: Museum
of Fine Arts, 1973. Distributed by New York Graphic Society.

Gascoigne, Bamber. The Treasures and Dynasties of China. New York:
Viking Press, 1973.

Grousset, Rene. The Rise and Splendour of the Chinese Empire. Berkeley
and Los Angeles: University of California Press, 1970.

Hay, John. Ancient China. London: The Bodley Head, 1973. Available
through Henry A. Walck, Inc., 19 Union Square, W., New York, 10003.

New Archaeological Finds in China. Peking: Foreign Languages Press, 1972.
Available through China Books and Periodicals.

Sullivan, Michael. The Arts of China. Berkeley and Los Angeles:
University of California Press, 1973.

Watson, William. Ancient China: The Discoveries of Post Liberation
Archaeology. Greenwich, Conn.: New York Graphic Society, 1974.

Watson, William. China: Before the Han Dynasty. New York: Praeger,
1956.

Time-Life. Ancient China (Great Ages of Man). New York.

Kansas City Art Institute
CHINA SYMPOSIUM, May 11, 1975
Bibliography for "The Golden Age of Chinese Philosophy"
Professor Hal E. Wert, Kansas City Art Institute

Chan, Wing-tsit. A Source Book of Chinese Philosophy. Princeton:
Princeton University Press, 1963.

DeBarry, William T. Sources of Chinese Tradition, Vol. I and II.
New York: Columbia University Press, 1965.

Feng, Gia-fu and English, Jane. Chuang-Tsu: Inner Chapters. New York:
Vintage Press, 1974.

_____, _____ and _____, _____. Lao-Tsu: Tao Te Ching. New York:
Vintage Press, 1972.

Fung, Yu-lan. A Short History of Chinese Philosophy. New York:
Macmillan Company, 1966.

De Erazia, Sebastian. Masters of Chinese Political Thought. New York:
Viking/Compass, 1973.

Legge, James. The Texts of Taoism, Vol. I and II. New York: Dover
Publications, 1962.

Lin, Wu-Chi. A Short History of Confucian Philosophy. New York:
Delta Books, 1964.

Merton, Thomas. The Way of Chuang-Tzu. New York: New Directions,
1965.

Mote, Frederick W. Intellectual Foundations of China. New York:
Knopf, 1971.

Waley, Arthur. Three Ways of Thought in Ancient China. New York:
Doubleday Books, 1963.

Waltham, Clae. Shu Ching: The Book of History. Chicago: Henry
Regnery, 1971.

Watson, Burton. Han Fei Tzu. New York: Columbia University Press, 1966.

_____, _____. Hsiin Tzu. New York: Columbia University Press, 1969.

Wilhelm, Hellmut. Change: Eight Lectures on the I-Ching. New York:
Harper and Row, 1960.

Kansas City Art Institute
CHINA SYMPOSIUM, May 12, 1975
Bibliography for "State and Society in Traditional China"
Professor Michael Horacek, Western Illinois University

Balazs, Etienne. Chinese Civilization and Bureaucracy: Variations on a Theme. New Haven: Yale University Press, 1964.*

Chang, Chung-li. The Chinese Gentry: Studies on their Role in Nineteenth Century Chinese Society. Seattle: University of Washington Press, 1955.*

Ch'u, T'ung-tsu. Local Government in China Under the Ching. Palo Alto: Stanford University Press, 1962.*

Eberhard, Wolfram. Conquerors and Rules: Social Forces in Medieval China. Leiden, Netherlands: Leiden Press, 1970.

_____, _____. Social Mobility in Traditional China. Leiden, Netherlands: Leiden Press, 1962.

Hucker, Charles O. The Censorial System of Ming China. Palo Alto: Stanford University Press, 1966.

_____, _____. Chinese Government in Ming Times: Seven Studies. New York: Columbia University Press, 1969.

_____, _____. The Traditional Chinese State in Ming Times, 1368-1644. Tucson: University of Arizona Press, 1961.*

Kahn, Harold L. Monarchy in the Emperor's Eyes. Cambridge: Harvard University Press, 1971.

Spence, Jonathan. Emperor of China: Self-Portrait of K'ang-hsi. New York: Knopf, 1974.

_____, _____. Ts'ao Yin and the K'ang-hsi Emperor: Bondservant and Master. New Haven: Yale University Press, 1966.

Tsao, Hsueh-chin. Dream of the Red Chamber. New York: Doubleday, 1958.*

Wu, Silas. Communication and Imperial Control in China. Cambridge: Harvard University Press, 1970.

*Available in paperback.

Kansas City Art Institute
CHINA SYMPOSIUM, May 18, 1975
Bibliography for "The Amateur Ideal in Chinese History"
Professor Hal E. Wert, Kansas City Art Institute

Folsom, Kenneth E. Friends, Guests and Colleagues. Berkeley:
University of California Press, 1968.

Levenson, Joseph. Confucian China and Its Modern Fate. Berkeley:
University of California Press, 1964.

_____, _____. Modern China and Its Confucian Past. New York:
Doubleday Anchor Books, 1964.

_____, _____. Revolution and Cosmopolitanism: The Western Stage
and the Chinese Stages. Berkeley: University of California Press,
1971.

Levenson, Joseph and Schurmann, Franz. China: An Interpretative History.
Berkeley: University of California Press, 1969.

Levy, Howard S. Chinese Footbinding. New York: Bell Publishing Company,
1968.

Loewe, Michael. Everyday Life in Imperial China. New York: Harper
and Row, 1970.

Nivison, David S. and Wright, Arthur F. Confucianism in Action. Palo
Alto: Stanford University Press, 1960.

Schafer, Edward H. Shore of Pearls. Berkeley: University of California
Press, 1971.

_____, _____. Tu Wan's Stone Catalogue of Cloudy Forest.
Berkeley: University of California Press, 1961.

_____, _____. The Vermilion Bird: T'ang Images of the South.
Berkeley: University of California Press, 1967.

Van Gulik, Robert. The Chinese Bell Murders. New York: Avon Books, 1970.

_____, _____. The Chinese Lake Murders. New York: Avon Books, 1960.

Wright, Arthur F. Confucianism and Chinese Civilization. New York:
Atheneum, 1964.

_____, _____. The Confucian Persuasion. Palo Alto: Stanford University
Press, 1960.

Kansas City Art Institute
CHINA SYMPOSIUM, May 19, 1975
Bibliography for "Yenan Days and the Rise of Mao"
Professor Robert A. Burton, University of Kansas

Chang, Kuo-t'so. The Rise of the Chinese Communist Party, 1921-1927.
Lawrence: University of Kansas Press, 1973.

_____, _____. The Rise of the Chinese Communist Party, 1927-1938.
Lawrence: University of Kansas Press, 1974.

Chen Chang-feng. On the Long March with Chairman Mao. Peking:
Foreign Language Press, 1973.

Ch'en, Jerome. Mao and the Chinese Revolution. London: Oxford
University Press, 1965.

Melby, John F. The Mandate of Heaven. New York: Doubleday and
Company, 1971.

Paloczi-Horvath, George. Mao Tse-tung, Emperor of the Blue Ants.
Greenwood, Connecticut: Greenwood Press, 1973.

Rue, John E. Mao Tse-tung in Opposition, 1927-1935. Palo Alto: Stanford
University Press, 1966.

Schram, Stuart. Mao Tse-tung. London: Penguin Books, 1966.

_____, _____. The Political Thought of Mao Tse-tung. New York:
Praeger, 1969.

Schwartz, Benjamin. Chinese Communism and the Rise of Mao. Cambridge:
Harvard University Press, 1958.

Smedley, Agnes. The Great Road. New York: Modern Reader, 1972.

Snow, Edgar. Red Star Over China. New York: Grove Press, 1968.

Kansas City Art Institute
CHINA SYMPOSIUM, May 25, 1975
Bibliography for "Strangers at the Gate, China and the West"
Professor Hal E. Wert, Kansas City Art Institute

Chang, Hsin-pao. Commissioner Lin and the Opium War. Cambridge:
Harvard University Press, 1964.

Feuerwerker, Albert. China's Early Industrialization. Cambridge:
Harvard University Press, 1958.

Michael, Frans. The Taiping Rebellion. Seattle: University of
Washington Press, 1959.

Morse, H.B. The International Relations of the Chinese Empire, 3 vols.
London: Longmans and Green, 1910-1918.

Powell, Ralph L. The Rise of Chinese Military Power, 1895-1912.
Cambridge: Harvard University Press, 1954.

Purcell, Victor. The Boxer Uprising. Cambridge, England: Cambridge
University Press, 1963.

Schiffman, Harold Z. Sun Yat-sen and the Origins of the Chinese Revolution.
Berkeley: University of California Press, 1959.

Schneider, Laurence. Ku Chieh-kang and China's New History. Berkeley:
University of California Press, 1971.

Spector, Stanley. Li Hung-chang and the Huao Army. Seattle: University
of Washington Press, 1964.

Teng, Ssu-yu and Fairbank, John. China's Response to the West. Cam-
bridge: Harvard University Press, 1954.

Wakeman, Frederic. Strangers at the Gate. Berkeley: University of
California Press, 1966.

Waley, Arthur. The Opium War Through Chinese Eyes. New York:
Macmillan and Company, 1959.

Wright, Marg C. The Last Stand of Chinese Conservatism. New York:
Atheneum, 1966.

Wright, Arthur. Hart and the Chinese Customs. Belfast, Ireland: Mullan,
1950.

Young, Marilyn B. The Rhetoric of Empire. Cambridge: Harvard University
Press, 1968.

Kansas City Art Institute
CHINA SYMPOSIUM, May 26, 1975
Bibliography for "People's China, 1949 to Present"
Dr. Daniel Bays, University of Kansas

Barnett, Doak A. Uncertain Passage: China's Transition to the Post-Mao Era. Boston: Brookings Institution, 1974.* Well done on present trends and future.

Fairbank, John K. China: The People's Middle Kingdom and the U.S.A. Cambridge: Harvard University Press, 1967. Essays, many of them excellent.

_____, _____. China Perceived. New York: Knopf, 1974. Essays and miscellaneous writings from the 1940's through the 1960's.

_____, _____. The United States and China, Third Edition. Cambridge: Harvard University Press, 1971.* By the Dean of American China Scholars.

Gittings, John. A Chinese View of China. New York: Pantheon Press, 1974.*

Hinton, Harold. An Introduction to Chinese Politics. New York: Praeger, 1973.*

_____, _____. China's Turbulent Quest. Bloomington: Indiana University Press, 1972.* Foreign relations since 1949.

Karnow, Stanley. Mao and China. New York: Viking Press, 1972.* Great detail on the late 1960's, but very well written.

MacFarguhar, Roderick. Sino-American Relations, 1949-1971. New York: Praeger, 1972.*

Mehnert, Klaus. China Returns. New York: Signet Books, 1972.*

Milton, David and Nancy and Schurmann, Franz. The China Reader, Volume IV. People's China. New York: Vintage Books, 1974.* Part one, pp. 1-214 very good.

Snow, Edgar. The Long Revolution. New York: Vintage Books, 1973.*

Terrill, Ross. 800,000,000: The Real China. New York: Dell Books, 1972.*

Vogel, Canton Under Communism. New York: Harper and Row, 1971.* Heavy going, but solid.

*Available in paperback.

Kansas City Art Institute
CHINA SYMPOSIUM, June 1, 1975
Bibliography for "Modern Chinese Literature: An Example of
a Chinese Dilemma"
Professor Hal E. Wert, Kansas City Art Institute

Birch, Cyril. Anthology of Chinese Literature, Vol. II. New York:
Grove Press, 1972.

Chang, Eileen. The Naked Earth. Hong Kong: The Union Press, 1959.

Ch'en, Shou-yi. Chinese Literature: A Historical Introduction. New York:
The Ronald Press, 1961.

Chin, Pa. The Family. Garden City, New York: Doubleday Anchor, 1972.

Contemporary Chinese Writers. A Snowy Day and Other Stories. Peking:
Foreign Language Press, 1960.

Hsia, C. T. Twentieth Century Chinese Stories. New York: Columbia
University Press, 1971.

Lang, Olga. Pa Chin and His Writings. Cambridge: Harvard University
Press, 1967.

Nieh, Hua-ling. The Purse and Other Stories. Taipei, Taiwan: Heritage
Press, 1961.

Pin, Liang. Keep the Red Flag Flying. Peking: Foreign Language Press, 1961.

Shaw, Lau. Rickshaw Boy. New York: Reginald Hitchcock, 1945.

Tun, Mao. Midnight. Peking: Foreign Language Press, 1957.

Wu, Lucian. New Chinese Stories. Taipei, Taiwan: Heritage Press, 1961.

Yang, Gladys. Selected Stories of Lu Hsun. Peking: Foreign Language
Press, 1960.

——, ———. Silent China: Selected Writings of Lu Hsun. London:
Oxford University Press, 1973.

Young Chinese Writers. New Voices: Fiction and Verse. Taipei, Taiwan:
Heritage Press, 1961.

Kansas City Art Institute
CHINA SYMPOSIUM, June 1, 1975
Supplement A, Northern Chinese Cooking
Professor Hal E. Wert, Kansas City Art Institute

Northern Cooking

Northern cooking, or Peking style, encompasses the provinces of Hopeh, Shantung, Honan and Shansi, whose major cities are Peking, Tientsin, Tsingtao, Kaifeng and Loyang. While Beef and Oyster Sauce originated in the South, Kwangtung, this "Northern version" emphasizes the more characteristic aspects of the Northern cuisine: ginger, garlic and scallions, used liberally.

Beef and Oyster Sauce a la Peking

- A. 1 lb. top round steak, half freeze, remove fat, slice thin on angle across the grain.
- B. 1 lb. green beans, sliced French style; if fresh, parboil 4 to 5 minutes. Frozen are perfectly alright. Defrost, wash, then pat dry.
- C. 2 large scallions. D. 2 cloves garlic. E. 2 slices fresh ginger root, 1/8" thick. Chop C, D and E fine.
- F. 2 T. soy sauce (any kind). G. 2 T. Oyster sauce (any brand).
- H. 3/4 T. sugar. I. 1 t. cornstarch. J. 8-10 large, dried Chinese mushrooms soaked until soft, about 1/2 hour, then slice thin.

Combine C through I in bowl, adding A, thin sliced beef, and marinate 1/2 hour to 45 minutes in tightly covered container. In a wok, a heavy frying pan will suffice, heat 3 T. peanut oil until it begins to smoke. Toss in thin sliced Chinese mushrooms and stir fry 1 minute. Add marinated beef and any remaining sauce. Slightly well done cooks 5 minutes; medium, 3 3/4 to 4 1/4 minutes; rare, 2 3/4 to 3 minutes. I recommend the slightly well to start as in the sauce, it is succulent, but afterwards - experiment. Now, add B, parboiled French style green beans, mix vigorously until heated through, about 1 to 1 1/2 minutes, and serve.

Chang, Wononna and Irving B. Northern Chinese Cook Book. New York: Crown Publishers, 1973.

Chiang, Sun-yun Cecilia. The Mandarin Way. Boston: Little, Brown and Company, 1974.

Chu, Grace Zia. Madame Chu's Chinese Cooking School. New York: Simon and Schuster, 1975.

Chung, Su and Davis, Lucille. Court Dishes of China: The Cuisine of the Ch'ing Dynasty. Rutland, Vermont: Charles E. Tuttle, 1970.

Fu, Pei-mei. Chinese Cook Book. New York: Rodgers Books, 1969.

Lo, Kenneth H.C. Peking Cooking. New York: Pantheon Books, 1971.

Kansas City Art Institute
CHINA SYMPOSIUM, June 1, 1975
Supplement B, Western Chinese Cooking
Professor Hal E. Wert, Kansas City Art Institute

Western Cooking

Western, or Szechuan, cooking includes the provinces of Szechuan, Kweichow, Hunan and Hupeh. Major cities are Chungking, Chengtu and Ichang. This regional cuisine, one of my very favorites, is characterized by the liberal use of red peppers and wild brown peppercorns, usually called Szechuan pepper. The following recipe is representative.

Chicken with Dry Red Pepper

- | | | |
|----|---|----------------------|
| A. | 2 lbs. chicken breast, skinned, boned and cut in 1" cubes | |
| B. | 1/2 cup raw peanuts (either Virginia or Spanish) | |
| C. | 8 dried red peppers | |
| D. | 1 t. ginger root (chopped fine) | <u>Master Sauce</u> |
| E. | 1 T. soy sauce (to soak chicken) | |
| F. | 1 1/2 T. cornstarch (to soak chicken) | 2 T. soy sauce |
| G. | 2 cups peanut oil | 1 T. dry sherry |
| H. | 2 T. peanut oil | 1/2 T. cider vinegar |
| | | 1 T. sugar |
| | | 1 t. cornstarch |
| | | 1/2 t. salt |
| | | 1 t. sesame oil |

Mix E and F thoroughly in a bowl, adding A, chicken cubes. Soak for 1/2 hour, tightly covered. Heat G very hot, add B, cooking until golden brown. Remove and drain on paper towels. Next, fry chicken cubes in hot oil for 1 1/2 minutes, remove, drain and place on paper towels to remove excess oil. Drain off oil from wok, strain through cheese cloth into container for storage and future use. Take C, dried red peppers, remove tips, ends and seeds. Break into small pieces and set aside. Note: Make sure red peppers are freshly or recently purchased as old ones lose their persuasiveness. Now, heat H, 2 T. oil, in wok or skillet, frying C, red pepper, until it turns very dark - almost black. Add D, chopped ginger, and A, chicken cubes, stirring quickly. Pour Master Sauce into wok, continuing to stir until ingredients are heated and Sauce thickened. Turn off heat, add B, peanuts, stirring thoroughly. Serve immediately.

Fu, Pei-mei. Chinese Cook Book. New York: Rodgers Books, 1969.

Lo, Kenneth H.C. Chinese Food. New York: Hippocrene Books, 1972.

Sia, Mary. Mary Sia's Chinese Cook Book. Honolulu: University of Hawaii press, 1972.

Stallard, Louise. Cooking Hunan Style. New York: Drake, 1973.

_____, _____. Cooking Szechuan Style. New York: Drake, 1973.

Trent, Mary Wong. Eighty Precious Chinese Recipes. New York: MacMillan and Company, 1973.

Kansas City Art Institute
CHINA SYMPOSIUM, June 1, 1975
Supplement C, Eastern Chinese Cooking
Professor Hal E. Wert, Kansas City Art Institute

Eastern Cooking

Kiangsu, Chekiang and Anhwei comprise the Eastern cooking region of China. Many cities well known in the West are located in these provinces and include Shanghai, Nanking, Hangchow, Soochow, Wusih, Ninpo and Yangchou. Seafood dominates the cuisine of the region as do marvelous noodle dishes and famous food of the West Lake district. Soup-like dishes are specialties of the seacoast provinces, and the following is one of the best.

Shanghai Crab with Brussel Sprouts

- A. 1 can king crab meat (3/4 cup cooked fresh crab)
- B. 20 fresh brussel sprouts
- C. 8-10 outer leaves of head of green cabbage (Savoy cabbage is nice)
- D. 1 egg white. E. 1 T. chopped ginger. F. 1 T. chopped scallion.
G. 1 1/2 t. salt. H. 1 T. dry sherry. I. 1 1/2 T. cornstarch (make into a paste with 1/2 T. cold water). J. 3 cups chicken stock (canned is alright). and K. 6 T. of peanut oil.

Remove shell and what have you from A, the crab meat. Tear into small pieces and set aside. Drop 20 fresh brussel sprouts (skip this step if frozen brussel sprouts are used) and the 8-10 outer cabbage leaves into boiling water for 2 minutes. Remove, soak in cold water and dry. In 2 T. of oil (from K), stir fry for 2 minutes; then add 1 cup of chicken stock, from J, and 1/2 t. salt, from G, to the wok and cook for an additional 3 minutes. Remove and place all in a warm bowl. Now, heat 3 more T. of oil, from K, in the wok until very hot. Fry E and F, scallion and ginger, for about 15 to 20 seconds or until aroma abounds. Add A, crab meat, plus H, 1 T. dry sherry, and stir for several minutes. Add remainder of J, 2 cups chicken stock, and remainder of G, 1 t. salt, plus I, the cornstarch paste. Boil until thickened. Then, lightly, but thoroughly beat the egg white and blend slowly into mixture in wok. Add remaining 1 T. of oil after heating it. Turn off heat, stir in brussel sprouts and pour mixture into serving bowl lined with outer cabbage leaves. Serve at once. Do not use soup stock used to keep cabbage warm.

Chang, Wonona and Irving B. An Encyclopedia of Chinese Food and Cooking. New York: Crown Publishers, 1970.

Hsiang, Ju-lin and Tsui-feng. Chinese Gastronomy. New York: Hastings House, 1969.

Liu, William T. and Mary L. The Essence of Chinese Cuisine. Nashville: Aurora Publishers, 1970.

Miller, Gloria Bley. The Thousand Recipe Chinese Cookbook. New York: Grosset and Dunlap, 1970.

Spunt, Georges. The Step-By-Step Chinese Cookbook. New York: Crowell, 1974.

Southern Cooking

The cuisine probably most familiar to the American palate, Canton Cooking or the Kwangtung style, predominates in the Southeast clime of China and dominates the American Chinese restaurant scene. The area contains the following provinces: Kwangtung, Fukien, Hainan, Kwangsi and to some extent Taiwan. Many of the cities have been inhabited by Westerners since the Treaty Port Days: Canton, Swatow, Hong Kong and Foochow. Other important cities include Wuchow, Nanning, Liuchow, Amoy, Taipei and Kaohsiung. The style in cooking is characterized by its delicate and profuse use of sauces that have a tendency toward sweetness.

Moo Goo Gai Pan

- A. 1 Chicken Breast, 3/4 lb.; skin and bone removed, then partially freeze, slice as thin as is humanly possible.
B. 5 tsp. cornstarch; C. 1 tsp. salt; D. 1 tsp. Dry Sherry; E. 1/4 tsp. ground white pepper; F. 1 lb. can straw mushrooms and small can button mushrooms packed in water; G. 1 cup peanut oil; H. 1/3 cup thinly sliced bamboo shoots; I. 3/4 cup celery cabbage, stalk part only -- no leaves; J. 1/2 tsp. sugar; K. 1 Tbsp. rendered chicken fat (schmatz); L. 2 cups chicken broth; 1 cup optional to be used only if fresh mushrooms are utilized.

Place A, sliced Chicken Breast, in mixing bowl. Add 1 tsp. of B, cornstarch, combined with 1 tsp. of cold water plus C, 1 tsp. salt, D, 1 tsp. Dry Sherry and E, 1/4 tsp. ground white pepper. Blend in order to coat chicken slices thoroughly. Set aside. Now, if fresh button mushrooms are used simmer covered in 1 cup chicken broth, L, for 5 min. Drain, dry, and set aside. In your wok or skillet place G, 1 cup of peanut oil and heat until extremely hot, nearly smoking. Add A, chicken slices, for 30 seconds, just until separated and they lose pink color. Remove and drain. Strain oil thru cheese cloth and save for future use. From this oil take 2 Tbsp. and return to wok that has been wiped clean. Heat, adding F, all mushrooms, H, bamboo shoots and I, celery cabbage. Cook 3 min. Add L, 1 cup chicken broth, and bring to rapid boil. Add J, 1/2 tsp. sugar and cook 1 min. longer. Blend the remainder of B, 4 tsp. cornstarch mixed with 4 tsp. water into mixture in wok. When thick add A, chicken slices, stirring constantly until chicken is heated thoroughly. Splash K, chicken fat, over mixture and serve at once.

Chan, Titus. The Chan-ese Way. Reston, Virginia: Reston Publishing Co., 1975

Chen, Joyce. Joyce Chen Cookbook. Philadelphia: J.B. Lippincott, 1962.

Claiborne, Craig and Lee, Virginia. The Chinese Cookbook. Philadelphia, J.B. Lippincott, 1972.

Lee, Jim. Jim Lee's Chinese Cookbook. New York: Harper and Row, 1968.

Ma, Nancy Chih. Mrs. Ma's Chinese Cookbook. Rutland, Vermont: Charles E. Tuttle and Co., 1971.

KANSAS CITY ART INSTITUTE

4415 WARWICK BOULEVARD

KANSAS CITY, MISSOURI 64111

AREA CODE 816 LOGAN 1-4852

June 19, 1975

Dear Mr. Wilson,

On behalf of the Kansas City Art Institute I would like to thank you for participating in our recent China Symposium. The series was very successful and a part of that success was due to your well received lecture, "Dragon Media."

Enclosed you will find a complete bibliography for the series which includes four Chinese recipies from four of the different cooking regions of China. If you, for any reason, would like additional copies of the bibliography or recipies simply write to China Symposium, Kansas City Art Institute, 4415 Warwick Blvd., Kansas City, Missouri 64111.

Again, thank you for your participation.

Sincerely yours,

Hal Elliott Wert

Hal Elliott Wert
Program Coordinator